

# Discovering Buddhism 5: Death & Rebirth Completion Card

To complete this module for Kadampa Center requirements, students are required to attend all lectures and do all required reading and practices indicated in each subject area review sheet. Requirements for this module are summarized below.

Student Name and email \_\_\_\_\_

Center where course was offered Kadampa Center, Raleigh, NC Course Teacher Robbie Watkins

Dates of course Sept 25 - Oct 23 2017 Type of course Weekly lecture series

## ATTENDANCE

Number of lectures offered 5 Number of lectures attended \_\_\_\_\_  
Number of sessions viewed online or accessed via recording \_\_\_\_\_

## REQUIRED MEDITATIONS

Concentration	# Done _____	Dates _____
The Continuity of Consciousness	# Done _____	Dates _____
The Nine-Part Meditation on Death	# Done _____	Dates _____
Death Dissolution Meditation	# Done _____	Dates _____

## REQUIRED TEXTS

### Discovering Buddhism Readings

<i>Death, Intermediate State, and Rebirth</i> , by His Holiness the Dalai Lama	Done _____
<i>Remembering Death</i> , by Lama Zopa Rinpoche	Done _____
<i>Dissolution</i> , by Lama Thubten Yeshe	Done _____
<i>Reincarnation</i> , by Geshe Rabten	Done _____
<i>Life, Death, and After Death</i> , by Lama Thubten Yeshe	Done _____
<i>Transference of Consciousness at the Time of Death</i> , by Lama Thubten Yeshe	Done _____
<i>Impermanence and Death</i> , by Lama Zopa Rinpoche	Done _____
<i>Death and the Way</i> , by Geshe Ngawang Dhargye	Done _____
Wish-fulfilling Golden Sun (pp. 50-59)	Done _____
<i>Advice on Dying and Living a Better Life</i> , by H. H. the Dalai Lama	Done _____
<i>Liberation in the Palm of Your Hand</i> , (gold pp. 332-93; or blue, pp.294-321) Wisdom	Done _____

Course Teacher's signature verifying above \_\_\_\_\_

To complete this module to FPMT standards, these requirements remain:

Follow the instructions in the FPMT online course for the Three-day practice intensive practice, OR Attend the equivalent three-day retreat at the Kadampa Center - date completed \_\_\_\_\_

Log Book: For one typical week of your life, keep a daily, 24-hour log of how you spend your time to get a clear picture of how much time you spend practicing Dharma and how much you spend doing other things. - date completed \_\_\_\_\_

FPMT online course Final Exam - date completed \_\_\_\_\_

In order to receive the certificate for the Discovering Buddhism Course, which includes this module, 12 other modules like this, and a fourteenth module of Integrated Practice, you must complete the additional FPMT requirements. We recommend you begin Integrated Practice as early as possible.

revised 9/15/2017