

About Discovering Buddhism: 13 Introduction to Tantra

This is the *thirteenth module* offered by Kadampa Center in the 2019 - 2020 Discovering Buddhism cycle and the *thirteenth module* in the order that FPMT presents the course. The teacher is Don Brown. Class attendance, required readings, and assigned meditations and practices are required for students wishing to obtain a Kadampa Center completion certificate for this module.

Classes, Readings, and Books

Classes: There are four virtual classes beginning Nov 2, 2020 and ending Nov 30, 2020. Class meets from 7:00 to 8:30 pm. Class will not be held on Mon Nov 23 due to Thanksgiving week.

Readings: Online readings can be found here or refer to the “Resources” section below to access.

- [Discovering Buddhism at Home, Subject Area 13, Introduction to Tantra](#)

Also recommended / optional:

- *Liberation in the Palm of Your Hand*, (1997 gold edition, pp. 707-708 or 2006 blue edition, pp. 649-650)
- *Introduction to Tantra*, by Lama Yeshe

Integration Practices

Additional integration practices are required by FPMT. In order to receive the certificate for the FPMT Discovering Buddhism Course (which includes this module, 12 other modules like this, and a fourteenth module of Special Integration Experiences) you must complete all of the additional FPMT requirements. We recommend you begin your Integrated Practices as early as possible.

- Follow the instructions in the FPMT online course for the two-day weekend deity retreat with meditation on lam-rim OR attend an equivalent retreat at the Kadampa Center (not currently scheduled)
- FPMT online course Final Exam

Resources

Use the Kadampa Center website to access the course Readings.	The FPMT website has the Readings plus an introductory video and Suggestions for Further Study.
<ul style="list-style-type: none">- Go to https://www.kadampa-center.org/<ul style="list-style-type: none">- Click Spiritual Program- Beginner Programs- Discovering Buddhism Material	<ul style="list-style-type: none">- Go to https://onlinelearning.fpm.org/- Create an account -OR- Login (if you have an account)- Click Discovering Buddhism- Enroll in DB Module 12 using the enrollment key deityyoga

Attending Class Online

Due to the COVID-19 pandemic, this module will be offered online only. Class will be offered via both Zoom and YouTube. To participate via Zoom, register online [HERE](#). Once registered, you will automatically receive information on how to join the class via Zoom. Don't want to participate via Zoom? You can also watch via YouTube at www.kadampa-center.org/streaming. If streaming goes down for any reason, you will still be able to access a recording later. If you miss a class, you may make it up by accessing the recording on the Kadampa Center website (www.kadampa-center.org) and then click on the “Recordings” tab.

Contact Info

Linda Saah is the Discovering Buddhism Program Assistant who can help you with accessing online materials as well as answering questions about class logistics. You can reach Linda via email at program.db@kadampa-center.org.

Completion Card

You are encouraged to record your meditations, practices, and class readings here. Turn in the Completion Card to receive a Kadampa Center completion certificate for this module. To receive an overall Discovering Buddhism Course completion certificate from FPMT, complete the additional requirements and the requirements for the 13 other modules.

Use the space below to record your progress to be able to fill out the Completion Card:

Class Lectures: Nov 2 Nov 9 Nov 16 Nov 30

Online readings and books are listed on the front page.

Record your meditations and/or other practices or assignments here as well as the dates completed:

Final Class Requirements, if assigned (essay, exam, etc.): _____

Giving

At the Kadampa Center, our Teachings are offered freely and donations are gratefully accepted. This is a unique opportunity compared to other Centers around the world. Some charge by the module for classes like Discovering Buddhism and some charge per class.

We are able to offer our classes for free thanks to the generosity and kindness of previous students and guests. Any donations are appreciated and will enable us to offer more amazing Dharma activities in the future!

Ways to give:

1. Go to our website at www.kadampa-center.org and click "Donate" on the homepage. You will be taken to our secure online community to give by credit card or ACH check giving.
2. **TEXT GIVING!** Send KC108 to 73256 and select Dharma Class Donations from the drop down menu. After you enter your financial data one time, the next time will be quick and easy!
3. Drop cash or checks in the 2 donation boxes located outside the gompa door and on the entry concierge desk.
4. Snail mail checks to: The Kadampa Center, 5412 Etta Burke Ct. Raleigh, NC 27606.

Revised 11/2/2020