

DB 04: Spiritual Teacher Completion Card

To complete this module for Kadampa Center requirements, students are required to attend all lectures and do all required readings and practices indicated in each subject area. Requirements for this module are summarized below.

Student Name and email _____

Center where course was offered Kadampa Center, Raleigh, NC Course Teacher Robbie Watkins

Dates of course July 8, 2019 - August 5, 2019 Type of course weekly lecture series

ATTENDANCE

Number of lectures offered 5

Number of lectures attended _____

Number of sessions viewed online or accessed via recording _____

REQUIRED MEDITATIONS and PRACTICES

Daily meditation 10-15 minutes, week 1 Completed _____ Dates _____

Daily meditation 10-15 minutes, week 2 Completed _____ Dates _____

Daily meditation 10-15 minutes, week 3 Completed _____ Dates _____

Daily meditation 10-15 minutes, week 4 Completed _____ Dates _____

REQUIRED READINGS

Wish-fulfilling Golden Sun (pp. 42-43) Completed _____ Date _____

Discovering Buddhism Readings:

- Practicing Guru Devotion Completed _____ Date _____

- The Kindness of the Guru Completed _____ Date _____

- Seeing the Guru as Buddha Completed _____ Date _____

- The Blessings of the Guru Completed _____ Date _____

OTHER SUGGESTED READINGS

Relating to a Spiritual Teacher, by Alex Berzin

Liberation in the Palm of Your Hand, 1997 gold edition pp. 251-306 or 2006 blue edition pp. 217-269

ESSAY or EXAM (if assigned)

Please attach _____ Completed _____ Date _____

Course Teacher's signature verifying above _____

To complete this module to FPMT standards, these requirements remain:

Follow the instructions in the FPMT online course for the one-day intensive practice OR attend the equivalent one-day retreat at the Kadampa Center: Date completed _____

FPMT online course final exam: Date completed _____

In order to receive the certificate for the FPMT Discovering Buddhism Course, which includes this module, 12 other modules like this, and a fourteenth module of Integrated Practice, you must complete the additional FPMT requirements. We recommend you begin the Integrated Practice as early as possible.