

About Discovering Buddhism: 05 All About Karma

This is the *fifth* module offered by Kadampa Center in the 2019 - 2021 cycle and the *sixth* module in the order that FPMT presents the course. The teacher is Don Brown.

Classes, Readings and Books

Class attendance, meditations, and readings are required for all students wishing to obtain a Kadampa Center completion certificate for this module.

Classes: There are six classes beginning September 9, 2019, and ending October 14, 2019. Class meets from 7:00 to 8:30 pm.

Online Readings (required): Available online in pdf format; refer to the “Resources” section below to learn how to access.

[Discovering Buddhism at Home, Subject Area 6, All About Karma](#) contains:

- Karma and Psychology, by Lama Zopa Rinpoche
- Karma and Emptiness, by Lama Zopa Rinpoche
- Karma and Emptiness, by Lama Thubten Yeshe

[Wish-fulfilling Golden Sun](#) (Part 3, pp. 76-83)

Books (recommended): Can be found in our bookstore or online sites.

- Liberation in the Palm of Your Hand (1997 gold edition, pp. 430-470, or 2006 blue edition, pp. 386-423).
- Healing Anger: The Power of Patience from a Buddhist Perspective, by His Holiness the Dalai Lama.

Integration Practices

Additional integration practices are required for FPMT. In order to receive the certificate for the FPMT Discovering Buddhism Course (which includes this module, 12 other modules like this, and a fourteenth module of Special Integration Experiences) you must complete all of the additional FPMT requirements. We recommend you begin your Integrated Practice as early as possible.

- Follow the instructions in the FPMT online course for the two-day weekend deity retreat with meditation on lam-rim OR attend an equivalent retreat at the Kadampa Center (not currently scheduled)
- FPMT online course Final Exam

Resources

Use the Kadampa Center website to access the course <u>Online Readings:</u>	The FPMT website has the <u>Readings</u> plus an introductory video and Suggestions for Further Study:
- Go to https://www.kadampa-center.org/ - Click Spiritual Program - Beginner Programs - Discovering Buddhism Material	- Go to https://onlinelearning.fpmt.org/ - Create an account -OR- Login (if you have an account) - Click Discovering Buddhism - Enroll in DB Module 6 using the enrollment key purify99

Watching Class Online

If you cannot make it to class in person, you may watch from home at www.kadampa-center.org/streaming. If streaming goes down for any reason, you will still be able to access the recording later. If you miss a class, you may make it up by accessing the audio recording on the Kadampa Center website (www.kadampa-center.org). Click on the “Recordings” tab.

Contact Info

Linda Saah is the Discovering Buddhism Program Assistant. She can help you with accessing online materials as well as answering questions about class logistics. You may speak to her in person or email her at program.db@kadampa-center.org.

Completion Card - Available on Last Day of Class

You are encouraged to record your meditations, practices, and class readings. Turn in the completion card on the last day of class to receive a Kadampa Center completion certificate for this module. To receive an overall Discovering Buddhism Course completion certificate from FPMT, complete the additional requirements and the requirements for the 13 other modules.

Use the space below to record your progress to be able to fill out the completion card:

Class Lectures: Sept 9 Sept 16 Sept 23 Sept 30 October 7 October 14

Readings and Books are listed on the front page.

Final Class Requirements, if assigned (essay, exam, etc.): _____

Record your Meditations and their dates here:

Giving

At the Kadampa Center, our Teachings are offered freely and donations are gratefully accepted. This is a unique opportunity compared to other Centers around the world. Some charge by the module for classes like Discovering Buddhism and some charge per class.

We are able to offer our classes for free thanks to the generosity and kindness of previous students and guests. Any donations are appreciated and will enable us to offer more amazing Dharma activities in the future!

Ways to give:

1. Go to our website at www.kadampa-center.org and click "Donate" on the homepage. You will be taken to our secure online community to give by credit card or ACH check giving.
2. **TEXT GIVING!** Send KC108 to 73256 and select Dharma Class Donations from the drop down menu. After you enter your financial data one time, the next time will be quick and easy!
3. Drop cash or checks in the 2 donation boxes located outside the gompa door and on the entry concierge desk.
4. Snail mail checks to: The Kadampa Center, 5412 Etta Burke Ct. Raleigh, NC 27606.

Revised 9/8/2019