Discovering Buddhism Module 13: Introduction to Tantra

Discovering Buddhism (DB) is a 14 module program through the Foundation for the Preservation of the Mahayana Tradition (FPMT). The Kadampa Center offers classes for DB modules 1 – 13 over a two-year course cycle.

Instructor

Don Brown

Program Manager

Linda Saah - program.db@kadampa-center.org

Course Materials

To access course materials, students must enroll in the Kadampa Center Discovering Buddhism course HERE. Once enrolled, you will be emailed a username and password to access all Course Materials.

Classes

Participate in Kadampa Center's DB classes via the following options:

- Most interactive, most beneficial: attend in person at Kadampa Center
- Somewhat interactive: join on Zoom; enroll in Discovering Buddhism HERE to receive Zoom information
- Not interactive, view only: watch on YouTube Live Stream HERE

YouTube recordings of missed classes can be accessed HERE.

Class meets Monday evenings from 7:00-8:30 pm; see the Kadampa Center CALENDAR for specific dates.

Online Readings

- Discovering Buddhism at Home, Subject Area 13, Introduction to Tantra

Books

Available for purchase via the Kadampa Center bookstore or online sites:

- *Liberation in the Palm of Your Hand*, 1997 Gold Edition pp. 707-708, or the 2006 Blue Edition pp. 649-650
- *Introduction to Tantra*, by Lama Yeshe

Donations/Giving

Kadampa Center teachings are offered freely. Donations are gratefully accepted via the following ways:

1. Donate online **HERE**
2. Donate cash or checks in the donation boxes located onsite at the Kadampa Center
3. Mail checks to: Kadampa Center, 5412 Etta Burke Ct. Raleigh, NC 27606
4. **TEXT GIVING!** Text KC108 to 73256, click the link in the text reply, and then select Dharma Class Donations from the drop down menu. After you enter your financial data one time, the next time will be quick and easy!

How to Obtain Discovering Buddhism Course Certificates

IMPORTANT - Kadampa Center does NOT provide course certificates. If you are interested in obtaining DB course certificates, you must complete all of the requirements via the FPMT Online Learning Center, which entails much, much more than what is offered through Kadampa Center.

Each FPMT Discovering Buddhism module consists of lectures, readings, meditations, short retreats, quizzes, optional assessments, and a final exam. Students can do some or all of these components of each course, as they wish and are interested. The FPMT's online learning [Getting Started Guide](#) contains instructions on how to create your user account and start accessing courses on the site. The guide includes a list of the enrollment keys for all the free courses available. ***Please note that Discovering Buddhism certificates are not awarded through Kadampa Center. Students must complete requirements through the FPMT to obtain certificates.*** The information provided below is simply meant to help you find the necessary information regarding the FPMT Online Learning Center and Discovering Buddhism course certificates.

FPMT Certificate of Achievement

An **FPMT Certificate of Achievement** for each individual module is issued by FPMT upon completing all the requirements for that module.

- Go to https://onlinelearning.fpmt.org/
- Login or create an account
- Click Discovering Buddhism
- **Enrollment keys** are required to access each DB module, which can be obtained in the [Foundation Store](#) for a fee or are available as a benefit at certain levels of the [Friends of FPMT](#) program. Students who are enrolled in the Discovering Buddhism course through the Kadampa Center will be given access to enrollment keys at the start of each DB Module. Enrollment keys will be listed here as the two-year Discovering Buddhism course progresses.
  - DB Module 01: clearlight
  - DB Module 02: calmabiding07
  - DB Module 03: lamrim99
  - DB Module 04: guruyoga88
  - DB Module 05: newlife3
  - DB Module 06: purify99
  - DB Module 07: triplegem3
  - DB Module 08: dailypractice55
  - DB Module 09: cessation04
  - DB Module 10: compassion21
  - DB Module 11: tonglen33
  - DB Module 12: wisdom03
  - DB Module 13: deityyoga

Module 14: Special Integration Experiences

Requirements for completing **Module 14: Special Integration Experiences** include retreats, mantra practices, and prostration practices. It is recommended that the Special Integration Practices of Module 14 are started as early as possible due to the required time and nature of the commitment involved in order to complete them. Please see the FPMT online learning website for further information regarding Module 14 [HERE](#).

FPMT Discovering Buddhism Completion Certificate

An **FPMT Discovering Buddhism Completion Certificate** is issued when a student has completed the requirements for all fourteen modules. Please see the FPMT online learning website for information on how to earn the FPMT Discovering Buddhism Completion Certificate [HERE](#).

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